

FREE DAY OPTIONS

Here's three options for your free days, designed to supplement the signature guided experiences we lead. Please organize a small group to make transportation arrangements easier for your free day excursion.



OPTION 1 Santa Bárbara Beach + Lunch at Tuká Tulá

What is Santa Bárbara Beach? The largest sandy beach on the island, this is a fantastic place to spend a sunny afternoon relaxing or surfing the waves. Surf lessons are available at the surf shop on site.

Tuká Tulá The famous Santa Bárbara beach restaurant is not only great for surfer watching. The surfer hangout also serves grilled fresh fish daily in large portions, among other specialties, including wraps and fish burgers.

How far away? Santa Barbara Beach is a 7 - 10 minute cab ride from **minuvida**. You can also walk or bike there (4 miles from **minuvida**). Explore the "casamatas," former pirate defense structures on the beach.

Time? Spend as much time as your heart desires at the beach, and allow at least an hour and a half for lunch. Ribeira Grande, the city, is also a short walk away and features many attractions.

OPTION 2 Ponta Delgada + Farmers Market



What is Ponta Delgada? The largest city on the island, Ponta Delgada features a wide variety of restaurants and quaint cafés . Wander around its volcanic stone-lined streets and enjoy

the European lifestyle. Ask for the map of shopping and an art gallery circuit at the reception.

Mercado de Graça (farmers market) is open daily from 8 am to 4:30 pm except Monday. Saturday the market closes early around 2. This is a great place to see and try local products.

How far away? The city is about a 15 - 20 minute drive from **minuvida**.

Time? Allow as much time as your heart desires to soak up the culture, art, food and more in Ponta Delgada. Also check the botanical garden Jardim António Borges just outside if you have time.

MINUVIDA AZORES, LDA

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OPTION 3 Porto Formoso + Tea Plantation



What is Porto Formoso? Quiet fishing town with fresh seafood and quaint streets overlooking the North Atlantic.

Praia dos Moínhos + Waterfall Head to Praia dos Moínhos, one of the prettiest on the north shore and enjoy the views and the waves. Have lunch at the Moínhos

beach bar or at Maré Cheia restaurant on the main road. If you feel adventurous, walk part of the trail nearby to the waterfall near the campsite. You can swim in the waterfall.

Gorreana Tea Plantation Another short drive from Porto Formoso, you can see how tea is grown and created during a self-guided tour. Tea tasting available, as well as walks among tea plantations.

How far away? Porto Formoso about a 15 - 20 minute drive from **minuvida**.

Time? Allow about three hours to explore the area, including a stop for lunch and a possible soak on the beach. Tea plantation option will take longer.

Want something more intense, such as a hike, another lake adventure or whale watching? Please check with our staff. You can also check the full resources available at www.minuvida.com/guides (password myminuvida) or printed resources at the front desk.

